

Tuscarawas Central Catholic Elementary School

PARENT-STUDENT HANDBOOK

2018-19



Mission Statement

Tuscarawas Central Catholic Elementary School is dedicated to building disciples of Christ, providing an excellent academic program integrated with Catholic teaching, and promoting life long service to church and community.

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Tuscarawas Central Catholic Elementary School admits children of any race, color, nationality, ethnic origin, sex, and religion to all rights, privileges, programs, and activities made available to the students at our school. We do not discriminate on the basis of race, sex, or age in our hiring practices, educational policies, or any school-administered program

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TUSCARAWAS CENTRAL CATHOLIC ELEMENTARY SCHOOL
Sacred Heart Catholic Church
Church of the Holy Trinity
St. Joseph Catholic Church

Tuscarawas Central Catholic Elementary School is dedicated to building disciples of Christ, providing an excellent academic program integrated with Catholic teaching, and promoting life long service to church and community.

Belief Statements:

Every student is a gift from God and a blessing to our world.

Each individual will be treated with respect, understanding, and compassion.

Every student can learn and be successful in a safe, supportive environment.

Instructional practices will incorporate a variety of learning activities, strategies, and assessments in order for students to clearly demonstrate the use of their God given talents to achieve learning goals.

Students benefit when staff, parents, and parishes are involved in positive personal relationships with one another in an atmosphere of cooperation and respect founded on prayer and the gospel values.

REGISTRATION, ENROLLMENT, AND TUITION

TCCES recruits and admits students of any race, color, or ethnic origin to all its rights, privileges, programs, and activities. In addition, the school will not discriminate on the basis of race, color, or ethnic origin in the administration of its educational programs and extra-curricular activities. The school is open to students of families who sincerely seek the religious nature of our program. While at TCCES, students must be willing and able to function effectively within the programs and services available.

ADMISSION PROCEDURES (Kindergarten – Grade Six)

- Please complete the school and Diocese of Columbus registration forms
- When returning the registration forms, a \$25 non-refundable registration fee per family is required. Currently enrolled families may avoid payment of the registration fee by submitting the registration forms by Feb. 15.
- Complete the Enrollment Agreement form.

Kindergarten and New Students:

- Provide a copy of your child's birth certificate.
- Provide a copy of your child's Baptismal Certificate (if not baptized at one of our participating parishes).
- Provide the required medical, immunization records, and other documents included in the registration packet.

Students Transferring from Another School:

- Complete the Authorization to Release or Transfer Student Records. This must be signed by a parent/guardian and submitted to the school your child previously attended.
- TCCES reserves the right to discuss the incoming student with his/her previous teacher and/or principal.

When more than 35 students register for a class, attempts will be made to establish two classrooms of that grade level. If this is not possible, students will be accepted for enrollment on the basis of the following priorities:

- Registered and supporting parishioners with siblings presently enrolled in TCCES
- Registered and supporting parishioners of Sacred Heart, St. Joseph, or Church of the Holy Trinity Parishes
- Catholic non-parishioners with siblings presently enrolled in the school

- Non-Catholics with siblings presently enrolled in the school
- Catholics of churches with no parish school
- Non-Catholics

Admission to TCCES may be denied for behavioral or other discipline problems, or due to the presence of educational needs outside the scope of the school's ability or resources to effectively educate the student.

Tuition Guidelines

Students going from one school to another in the Diocese will be accepted only if all financial obligations are current at the sending school. The school(s) shall not accept any tuition agreements nor reserve any space for a family for the upcoming school year unless all tuition has been paid to the appropriate Catholic school for the current school year or the Pastor has approved other arrangements. Failure to meet all obligations as a Participating Member (as determined by the Parish Pastor) shall result in the requirement to pay the full per pupil cost tuition rates at the Non-Participating Member rate for the following school year. Participating members in a parish, as defined in Diocesan Policy 3130.0, and the determination is defined below.

- In order for a family to be acknowledged by the Pastor as a "Participating Member," it is necessary that they:
 - Are registered in the parish,
 - Are recognized by the Pastor as a family participating in the Sacramental life of the parish,
 - Contribute time and talent to the ministries of the parish,
 - In agreement with the Pastor, regularly contribute an appropriate portion of their annual income to the financial support of the parish.
- Non-Participating Members pay a tuition rate of \$4449.00 per student grades K-6.
- A family from a non-sponsoring parish (parishes other than St. Joseph, Dover, Sacred Heart, New Philadelphia or the Church of the Holy Trinity) shall inform the Pastor of their intent to enroll in TCCES. The Pastor must approve the family as a Participating Member.

Each year, all families must submit a signed Tuition Agreement in order to reserve a space for the upcoming school year. Families must also register with the FACTS tuition collection program. FACTS offers families a simple, convenient way to meet their financial obligations while helping the school efficiently manage the tuition collection process. In the FACTS program, families can select a variety of payment methods to best suit their financial situation. **Tuition payments must be current and up-to-date to ensure enrollment for the following year.**

Families who are concerned about meeting their financial obligation to the school must apply for tuition assistance through the FACTS Tuition Assistance application process. Requests for tuition assistance and/or alternate payment plans must be made through the FACTS tuition assistance program. This provides the principal and pastor the financial information required to determine the need for financial assistance.

We ask that when paying for fees such as SACC, Preschool, and/or lunch that you do so with a separate check. When paying for SACC, please make the check payable to TCCES SACC. When paying for preschool, please make check payable to TCCES Preschool Program. When paying for lunch, please make check payable to TCCES Cafeteria. Cash is also accepted.

Withdrawals

The school must be notified, in writing, if a parent intends to withdraw a student prior to the end of the school year. The written notice determines the effective date of the withdrawal. Parents must also sign a release so that records can be forwarded. A parent may not transfer official school records. When a family withdraws a child, tuition is charged by the quarter and reimbursed/collected accordingly. Student records are released to the new school when all tuition and other fees are current per diocesan policy. If the child is expelled, all refund rights are forfeited.

School Records

A permanent record is kept on each student in the school office. This record includes directory information, attendance records, academic records, standardized test scores, health records, discipline records, and custody papers.

Parents have the right to review the permanent records that are kept on their child's progress. The request should be given to the principal. Copies of any record can be made but the original documents are the property of TCCES. The custodial parent must give written permission before a copy of a student's permanent record may be released to anyone other than school personnel.

Cooperation

Reflective of a Christian community, it is expected that all problems will be resolved forthrightly, respectfully, and openly. TCCES operates under the subsidiary in relationships and structure, thus disagreements or complaints should be dealt with and resolutions sought in a conference setting at the level of with the party closest to the issue. If the situation cannot be resolved, the decision of the principal is final.

There is no place for confrontational, abusive, or threatening behavior from anyone, including adults, at TCCES. Parents and others who engage in such

behaviors at school or any school- sponsored activity, event, or program may be asked to leave the premises, refrain from future attendance or participation, or accept other appropriate consequences as deemed necessary.

Directory information/Publishing Student Information

At the start of each school year, parents will be asked to complete the “Personally Identifiable Information Release Form.” The form provides consent for the school to release student information for the school directory, website, yearbook, and news media.

Arrival and Dismissal

The school day begins at 7:45 am and ends at 2:35 pm. Students should arrive at school no sooner than 7:00 A.M. and be picked up no later than 2:45 P.M. The school cannot be responsible for the supervision of children before or after this time, unless they are in the School Aged Child Care program, which runs from 7:00 A.M. to 6:00 P.M. every school day. **Only the Sixth Street doors at the turn around drive will be unlocked for entry in the morning.**

Students arriving by a Dover City Schools bus are dropped off at Dover High School. The crossing guard will guide them across the street. The students then come into the building and go directly to their classroom. In the event the Dover bus arrives prior to 7:30 a.m., students will go to the SACC program and will be dismissed to their classrooms with the other students at SACC.

Students arriving by another public school bus are dropped off on Sixth Street and should enter through the Sixth Street turn-around doors.

Students being dropped off by parents or other designated individual(s) must be dropped off in the turn-around driveway on Sixth Street. Students can exit the vehicle and come directly into the building. Please do not park at this entrance, it is specifically for drop-off only between 7:00 a.m. and 7:45 a.m. Please be sure that if you are in line waiting to enter the driveway you do not block the entrance or exit to the parking lot, alleys, or neighbors’ driveways.

Parents may also park in the Family Life Center or St. Joseph Parish parking lots and walk students across the street to the school. **Parents are welcome to bring their child into the building, however, this is not an appropriate time for a lengthy discussion with the teacher and parents should drop off their children outside the classroom door Unless other arrangements are made, parents must depart the classroom area before the tardy bell rings at 7:45.**

Students are dismissed in the following ways:

Students going to the SACC program are dismissed to that room at the end of the day.

Students going home on a school bus other than one from Dover will be dismissed from the turnaround doors. A teacher will be there to supervise the students until all buses have picked up the students. Students boarding late arriving buses will be dismissed from the SACC doors.

Students going home on one of the Dover buses will be dismissed to the corner of 6th Street and Tuscarawas Ave. The crossing guard will take them across to Dover High School where they catch the bus home.

Students being picked up by parents or other designated individuals will be dismissed at the corner of 6th Street and Tuscarawas Avenue. Vehicles should park in the Family Life Center or St. Joseph Parish parking lots and wait at the corners for your student. Please let your child know which parking lot you will be in so we can cross them at the correct location.

Please note that the primary concern of teachers and staff at this time is the safe and orderly dismissal of the students. Although we value good communication with all families, if you wish to speak to a teacher or any staff member in-depth about your child, please wait until all students have been dismissed or make an appointment at another convenient time.

There may be times students will have to wait in the turn-around entrance at dismissal.

Students who have not been picked up by 2:45 p.m. will be sent to the SACC program and parents will be charged the appropriate fees for SACC.

Late Arrivals/Tardy Students

A student will be considered tardy if he/she arrives between 7:46 a.m. and 8:45 a.m. Students arriving between 8:46 a.m. and 10:45 a.m. are considered absent for ½ day. Students arriving after 10:45 a.m. will be considered absent a whole day. A student will be considered absent a whole day if they leave before 10:45 a.m.

If a student is tardy three times in a quarter, a letter may be sent home informing parents the number of times the student has been tardy. If a student is tardy five times in a quarter, another letter may be sent home and the principal may have a telephone conference with the parents. After seven tardies in a quarter, a letter will be sent home and the principal and teacher will conduct a conference with the parents. If a student reaches 10 tardies in a quarter, additional action may be taken including referral to authorities if truancy regulations have been violated. We realize situations occur that will make a student late for school.

However, when the amount of times a student is tardy exceeds what is acceptable, further intervention may be needed. The principal is given the discretion to alter these measures in any way he/she finds necessary to address the problem. For the safety of our students, entrance doors to the building are locked when the school day begins. If a tardy or late student arrives after the doors are locked, he or she must enter through the Sixth Street entrance and use the buzzer system. In such cases, parents should accompany the student into the building and sign-in in the office.

ATTENDANCE

Attendance at classes is a basic requirement for academic success and is monitored according to state laws. Other than excused absences, students are to be in prompt regular attendance for the entire day.

Absences

Attendance in school is a basic requirement for academic success. Students need to be present to learn and take full advantage of the education opportunities presented.

Parents must call the school office by 8:00 am on the day a student is absent.

A record of attendance and tardiness shall be maintained for every student. The law requires that this be retained as part of the permanent record of the school.

A student who is absent must, upon his/her return to school, present a note that includes the reason for the absence, the date(s) of absence, and signature of a parent or legal guardian. An absence may be considered unexcused until an acceptable note is provided to the school office. A student may be denied credit for school work missed during an unexcused absence.

When it is unknown if a student is legitimately absent, and when all efforts to contact the home have failed, the absence may be reported to the central office of the local public school district. The local public school district will follow its policies and procedures regarding the information.

In case of emergency, the principal may send a student home only after the parent or guardian has been notified.

Any pupil showing symptoms of a communicable disease shall be dismissed from school by the principal after notification of the parents or guardians. Students must not come to school with a fever and should stay home for 24 hours after the fever is gone without the use of fever-reducing medication. A student who is absent five or more consecutive days must have a doctor's note for the absence to be excused.

A student who has missed 28 or more days in a school year may be denied credit. At the discretion of the principal, the number of absences and possible consequences will be discussed with the student's parents or guardians. A student who is absent more than 7 days in one grading period may receive an incomplete on the Progress Report. Students who are chronically or habitually absent as defined by Ohio law may be referred to Juvenile Court.

Absences from school for any reason other than those listed below and recommended by the State Department of Education and or Diocese of Columbus are not acceptable and may be considered unexcused.

1. Personal illness. May require a doctor's signature.
2. Illness in the immediate family.
3. Medical, dental, or legal appointments. Verification on the provider's stationery is required. Parents are strongly encouraged to schedule such appointments outside regular school hours.
4. Death of a relative
5. Religious holidays
6. Other emergencies or circumstances that constitute good and sufficient cause as determined by the school administration.

An absence for reasons other than those listed above may be considered unexcused. A student with an unexcused absence may be denied credit for work missed during the absence.

SPIRITUAL LIFE

It is the Catholic environment of TCCES that makes a difference. Religion and moral training are woven throughout the academic program. The Gospels are held to be the yardstick of behavior for everyone: faculty, staff, and students. Our faith community also includes our school family, homes, parish, and community. In addition to daily religion class, our faith development centers around the Mass, and group and individual daily prayer.

Mass

Since the Eucharistic celebration is the ultimate act of worship of our Catholic faith, students participate in Mass once a week with the parish community. Parents are always encouraged to attend Mass with us. We want the students to sit together with their teacher as a classroom community.

Non-Catholic Students

Non-Catholic students are welcome and accepted by TCCES. Since the Catholic school is defined by its religious character, enrollment assumes involvement in the religious life of the school. Therefore, non-Catholic pupils are expected to participate in religion classes, to attend liturgical and para-liturgical services, and to take part in the school's program of service.

Parent Role

Parents are encouraged to teach religion by attending church regularly, by setting an example for their children, and by discussing relevant issues and religion classes with them.

Prayer

Our day at TCCES begins and ends with prayer and grace before and after meals are said at lunchtime. The students are encouraged to learn the traditional prayers of the Church (e.g. Our Father), while also learning to put their thoughts, hopes, and fears into prayer.

Prayer Services

Prayer Services are planned for a class, a group of classes, or for the whole school when appropriate. Parents are always welcome to join us in prayer.

Sacramental Preparations

Administration of First Reconciliation and First Holy Eucharist are parish-based programs. Preparation for the sacraments will occur during the second grade year and will take place in the school and home parish. Students are expected to receive the sacraments in their home parish. All students are to receive and take an active part in classroom instruction regarding the sacraments. Students in other grades who need to be prepared for specific Sacraments will be instructed individually. They will receive the Sacraments when they are ready to do so.

Service

Our students are encouraged to provide service to others in the school, the church, and the community whenever possible.

RELIGIOUS AND EDUCATIONAL PROGRAMS

Religion Curriculum

Religion is the core of our curriculum. The Eucharistic Liturgy, Sacramental preparation, sacred Scripture, service, and doctrine are interwoven into the religion and academic programs. The religion curriculum, developed in cooperation with the Department of Religious Education of the Diocese of Columbus, is implemented by teachers using diocesan approved materials and textbooks.

The Course of Study has been developed pursuant to the contemporary teachings of the church and serves as the basis for instruction. It takes into consideration our traditions, rituals, and celebrations, and is based solidly on an understanding and appreciation of the principles of child development. Teachers of Religion have obtained the appropriate certification as required by the Diocese of Columbus.

The school is defined by its religious character; thus all students participate in the religious life of the school to the extent permitted by church law.

Academic Curriculum

The curriculum is developed in cooperation with the Diocesan Education Office. Courses of Study are adopted and approved for the Ohio Department of Education and serve as the basis of instruction. The subject areas covered at TCCES include communication arts, mathematics, science, social studies/history, health, physical education, music, art, and computers.

Textbooks and materials are selected for their correlation with standards as prescribed by the Course of Study for a given area. Teachers use these and other approved activities to teach and reinforce the concepts that are to be taught at each grade level. Teachers take into consideration the age group and the level of the students when planning and implementing lessons.

Teachers are appropriately certified/licensed by the Ohio Department of Education and are required to participate in on-going professional development in order to maintain their certification/license. Furthermore, participation in professional development allows teachers to improve curriculum and instruction that will meet the spiritual and academic needs of their students.

Special Services

In order to provide services such as tutoring for students with diagnosed learning disabilities, diagnostic and therapeutic speech and language services, and health and psychological services, TCCES accesses available state and federal assistance programs. These programs include:

- School Health Assistant
- Speech and Language Pathologist

- Psychological testing for learning disabilities and emotional problems
- Title 1 Reading Tutor
- Intervention Specialist

The school cooperates with all government regulations and public school district policies regarding special services for students.

STUDENT PROGRESS

TCCES uses the standards based grading system adopted by the Diocese of Columbus. The principles of Standard Based Grading are

- The primary purpose of grade cards is to communicate to the student and parent what a student knows and is able to do based on the Diocesan Course of Study.
- The primary purpose of assessment and evaluation is to improve student learning.
- Grades should be accurate, meaningful, consistent, and supportive of learning.
- Grading and reporting are systems to support student learning at high levels.
- Grading must include enough information so teachers and parents can provide the appropriate amount of support for the student.
- The most accurate reporting systems are those that separate academic achievement from behavior reporting.
- Students deserve multiple opportunities to demonstrate what they know and can do after learning.
- Good reporting is based on good evidence from a variety of sources.
- Learning is a process and where students finish is more important than where students start or how long it takes them to get there.

Grading is an evaluation of what a student knows and is able to do based on the Diocesan Course of Study. Grading should be accurate and fair. A grade represents a clear and accurate picture of what a student knows and is able to do. Marks on the report card reflect the student's level of mastery in academic content areas at the time the report card is issued. Grading must include enough information so teachers and parents can provide the appropriate amount of support for the student. Grading should include evidence and information that the student can use for self-evaluation and improvement.

A variety of assessments are used to evaluate student progress and provide sufficient feedback to the teacher so that the student will receive the help needed to master a skill. Student performance in areas such as class participation, attitude, homework, and behavior are reported on a separate Life Skills Achievement Report that accompanies the report card.

Report cards, following the State of Ohio and Diocese of Columbus Standards format, will be sent home four times a year. Since each subject is comprised of many standards, the progress code given to your child in the different areas represent how well he or she has mastered the concepts or skills taught. The Progress Codes are described below:

Symbol	Progress Code Description
<p>E (+)</p>	<p>Exceeds the Essential Standard</p> <p><i>The student exceeds the essential standard by consistently demonstrating an advanced level of understanding and/or the ability to apply knowledge at a higher level.</i></p> <p>The student independently synthesizes information and makes connections between concepts to apply the knowledge in new and unique ways or to apply the concepts to solve real world problems. An “E” can be earned at any time throughout the school year.</p> <p>In addition, some foundational skills may not have an “Exceeds.” For example, once a student knows all the letters of the alphabet, there are no ways to demonstrate “exceeding” this standard.</p> <p>Bike example – person demonstrates the ability to do flips and tricks while riding a bike.</p>
Symbol	Progress Code Description
<p>M (✓)</p>	<p>Met the Essential Standard</p> <p><i>The student has consistently mastered the essential standard taught and assessed.</i></p> <p>A student earning an “M” demonstrates a consistent understanding of grade level expectations and concepts when assessed.</p>

	<p>A student earning an “M” demonstrates content knowledge and skills by consistently demonstrating achievement of all the indicators that are linked to the essential standard.</p> <p>An “M” can be earned at any time throughout the school year and indicates strong, excellent work at the grade level. The “M” is the goal for the grade level and should be celebrated.</p> <p>Bike example – person competently rides the bike without support</p>
W	<p>Working Toward Meeting the Essential Standard</p> <p><i>The student is working toward mastery of the essential standard or is inconsistent in his/her demonstration of mastery when assessed.</i></p> <p>A student earning a “W” has not yet met the essential standard but is progressing toward achieving the grade-level concepts and/or skills OR has been inconsistent in his/her demonstration of achievement of the indicator standards. The “W” is an indication of a student learning the grade-level concepts and skills.</p> <p>Bike example – person frequently falls and needs an adult support. The person continues to extend the time he/she is independently riding.</p>
N	<p>Not Meeting the Essential Standard</p> <p><i>Student has not demonstrated mastery of the essential standard. This is usually given to students that are at the beginning stages in learning a new concept or are working below grade-level.</i></p> <p>A student earning an “N” demonstrates a very limited amount of knowledge or skill as it relates to the essential standard. In most cases, the student is still learning previous grade-level concepts and skills. The difference between a “W” and an “N” is in the grade level of the concept or skill that the student is working on. If a student is working on the grade-level essential standard but hasn’t met it yet, he/she would receive a “W”. However, if the student is working on previous grade-level standards, he/she would receive an “N”.</p> <p>Bike example – person is riding a bike with training wheels or has just sat on the bike.</p>
Symbol	Progress Code Description
INS	Insufficient Evidence

	<p><i>There was insufficient evidence provided for demonstration of mastery when assessed, usually because of lack of attendance or effort.</i></p> <p>There should be corresponding documented on other parts of the report card. Students will be given the opportunity to provide sufficient evidence by the end of the next grading period.</p>
<p>*</p>	<p>Modification</p> <p><i>Only for those students whose curriculum content area and standards have been modified based on Services Plan/IEP Goals. This does not apply to students who only have accommodations.</i></p>

Grading Assessments

Teachers use a wide variety of observations, assessments, projects, and other tools to determine a student’s current knowledge and how students are progressing through a lesson and toward mastery of a skill or standard.

Students may be given more than one opportunity and method to demonstrate what they know. Since the score on the Report Card is not an average, students are less likely to be discouraged and more motivated to succeed...even if they do poorly at the start.

Students should strive to exceed the standard and earn the best possible score on assessment. The goal is mastery of a skill or standard. Teachers are encouraged to provide students the opportunity to demonstrate he or she can exceed a standard. Assessments may cover more than one standard, so students may receive more than one mark or grade for the assessment.

Teachers will frequently use a rubric based on a four-point grading scale to score or grade an assessment. The rubric should clearly describe expected student performance to achieve the highest possible grade.

Assessments are used through the grading period to track and record student progress toward achieving mastery in each standard that appears on the report card. The marks that appear on the report card reflect the student’s current level of understanding and are not an average of all the marks during the grading period.

The Report Card marks are determined by the student’s most recent scores and most common scores achieved for each standard during the grading period.

Life Skills Achievement Report

Report Cards reflect each student's academic work. Student progress and performance in non-academic areas is reported in the Life Skills Achievement Report issued at the end of each grading period. The Life Skills Achievement Report includes critical areas such as Christian attitude, class participation, responsibility, organizational skills, and respect. These are all very important to the growth and development of students.

Parent-Teacher Conferences

To give parents a clearer idea of their child's progress, one required parent-teacher conference is scheduled at the end of the first quarter. A second conference day is available later in the year or on an as-needed basis.

Honor Roll and Life Skills Achievement Award

Fifth and sixth grade students can earn special distinction with outstanding performance in the areas of academics and life skills.

To be recognized on the Honor Roll, the student must earn nearly all "E" and "M" marks on the Report Card. Up to three "W" marks is acceptable if there is no more than one "W" in a single subject. This indicates the student is meeting or exceeding all the standards graded within each subject area in that grading period.

To receive a Life Skills Achievement Award, the student must receive four or more "E" marks in the life skills categories on the Life Skills Report and receive no mark lower than an "M" on the report. This indicates the student is doing an outstanding job practicing important skills such as Christian attitude, respect, and responsibility.

The Honor Roll and Life Skills Achievement Awards will be presented at the end of each grading period. At the end of the school year, students who have earned Honor Roll status all four quarters will receive the "Scholarship Award." Students who earn the Life Skill Achievement Award all four quarters will receive the "Christian Citizen Award."

Testing

The students in Grades 3 through 6 take the Terra Nova Achievement Tests in late October. This allows the school to pinpoint strengths and weaknesses of each student and of the school program. Once the school receives the scores, reports are distributed to parents.

Students in grade 5 will take the ACRE test, Assessment of Catechesis Religious Education, in February. Developed by the National Association of Catholic Education, the purpose of the ACRE test is to see how students

understand their Catholic faith and what they do to live it in their everyday life.

Students in grades K through six also take the STAR Early Literacy, STAR Reading, and STAR Math tests periodically throughout the school year to track student progress and identify individual strengths and weaknesses.

Students participating in the EdChoice Expansion Scholarship are required to meet the Ohio Department of Education state testing requirements. State testing begins in the third grade.

Retention

If a child is struggling in a class and it is felt that s/he would possibly benefit from repeating the grade, parents will be notified by the end of the third grading period. The final decision is that of the principal, with consultation of the teachers and parents.

Homework

Homework is the responsibility of the student. Parental cooperation is needed to see that the child has enough time and a suitable environment to complete the assignments. Homework is practice and reinforcement, a formative assessment tool to judge progress and guide instruction. Homework should be no more than a small factor in a grade. Students are expected to do a reasonable amount of homework regularly. An approximate guideline for daily homework would be:

Kindergarten through 2nd grade - 30 minutes
3rd and 4th grades - 45 minutes
5th and 6th grades - 60 to 90 minutes.

Make-Up Work

Make-up work after an excused absence must be completed immediately. A student has the same amount of days to complete the assignments as he/she was absent. For example, if a student is absent on Tuesday and returns Wednesday, missed assignments from Tuesday's absence is due on Thursday as well as Wednesday's homework. It is the responsibility of the student to arrange for and perform the necessary work. The time frame will be worked out with the teacher. If a student is absent from school, a parent or other designated person can pick up the student's assignments in the school office from dismissal time until 3:15 p.m. unless other arrangements have been made.

Students may occasionally need additional opportunities or time to achieve mastery of a learning objective. Teachers have the discretion to allow students to redo an assignment or retake a test. The teacher may permit a student to redo an assignment or assessment only if convinced the student put forth a legitimate effort the first time. Before a student can redo an assignment or assessment:

- A parent must sign the original assignment or assessment.
- The student must meet with the teacher to develop a study plan and time line to ensure the student is prepared for the redo.
- The teacher has the right to change the format of the assignment or assessment.
- A student will be given no more than two re-do opportunities per grading period.
- The higher of the two grades earned on the assessment or assignment will be the final grade for the work.

Physical Education

Students participate in a structured Physical Education class a twice a week. Students in grades 3 – 6 are expected to be dressed according to Phys Ed dress code as described in the handbook. Parents will receive a detailed letter from the P.E. teacher outlining the class requirements, expectations, etc. Students without the appropriate gym clothes may not be allowed to participate in class activity and may not receive participation credit, however, will be required to complete some physical activity determined by the teacher.

Recess

All students will participate in outdoor recess for 20 minutes daily, weather permitting. Students will go outdoors as long as the playground is free of snow and ice. Students MUST be dressed appropriately for the weather each day. Therefore, if it is cold, students should wear a winter coat, hat, gloves, etc. A “hoodie” is not considered an appropriate outer garment in cold winter weather.

Outdoor recess is not an option rather a requirement. Students need the opportunity to get fresh air and run around after being indoors. If a student is not to participate in recess due to illness, a doctor’s excuse must be given to the classroom teacher.

Physical activity is important to the physical and mental health of our students. Students will go outside for recess whenever possible. Therefore, especially during cold weather months, students should be prepared to go outside for recess by bringing coats, hats, gloves, and boots, and other clothing appropriate for the season. The following factors will be considered when determining whether to go outside for recess:

1. Temperature: When temperatures fall below 30 degrees, consideration will be given to staying inside.
2. Wind Chill: In addition to the temperature, the staff will consider the wind chill factor.
3. Precipitation: Wet conditions may force students to stay inside.
4. Playground conditions: Icy, wet, or mud may keep students inside.

Joy Schilling Media Center

Over 65,000 books, CD's, CD-ROM's, games study prints, kits, videos, models, student computers, etc., are available in the Joy Schilling Media Center. Every class has a chance to visit the library weekly. The Joy Schilling Media Center seeks to support the curriculum by meeting the growing needs of students and teachers, toward the development of creating life- long readers.

Parents and students can access the on-line catalog by clicking on the link that appears on the school website, www.tccesdoover.org. This tool also provides access to Accelerated Reader book lists.

Students are responsible for any books or materials loaned to them and may be charged the replacement cost of any item that is lost, stolen, or damaged while in their care.

Science Lab

Our Science Lab has the capacity for 36 students at 6 work stations. All classes can use the lab, but science class for Grades 4, 5, and 6 takes place there regularly. Students are given specific instruction on safety in the Science Lab and are expected to use all equipment, materials, and chemicals with care and caution.

Computer Lab/Technology

Our computer lab consists of a network of IBM compatible computers with internet capacity. Each class has at least one period in the lab each week. In addition to the computer lab, **TCCES also provides students access to iPads and classroom computers.** Internet safety is taught throughout the year, but it is explicitly taught in computer lab classes. Only students who have read the Acceptable Use Policy of the Diocese (#6142.1) and signed the acceptance of this handbook may use the school computers, **iPads or other devices to access the Internet.** That policy is distributed on the first day of school.

A summary of the Acceptable Use Policy is as follows:

Do:

- Take care of the equipment
- Ask for help with printer problems
- Print just one copy of a document
- Use the internet for educational pursuits
- Treat teachers and students with respect
- Ask before you enter a site that you think might be questionable
- Immediately back out of any questionable sites

- Follow instructions of teachers and media center personnel
- Close applications by going to File and Quit and then sign off when you are finished
- Leave computers on

Do not:

- Have food or drink around equipment
- Share any passwords
- Access or download any inappropriate material
- Access chat rooms, newsgroups or instant messaging
- Access or download games, game cheat codes, MUD's, MOO's, or simulations
- Harass others in any way
- Submit or reveal your name, any personal information or phone numbers of yourself or others
- Change any computer settings, hardware, parts or cabling
- Access or manage a personal web page on school computers
- Download without permission.

Field Trips

A field trip is defined as a school sponsored privilege, which occurs off campus and is supervised by school personnel and adult volunteers. No student may participate unless a signed parent permission form for the specific event is received by the school prior to the field trip. Any adult supervisor or driver must be fingerprinted at the Tuscarawas County Educational Service Center in New Philadelphia and have an Ohio Criminal Check on file in the school office. S/He must also attend a workshop on Protecting God's Children with a copy of the program certificate on file in the school office. Parents chaperoning a field trip should not bring younger siblings on the trip as this may distract them from the responsibilities of being a chaperone.

TCCES will make an effort to provide a bus for field trip transportation, however, if a private passenger vehicle is used, the following information must be provided in writing:

- Valid Ohio, Kentucky, or West Virginia driver's license
- Valid Ohio, Kentucky, or West Virginia registration for the vehicle
- Vehicle insurance with minimum limits of \$100,000 per person/\$300,000 per occurrence

Each student being transported in a private vehicle must be using a seat belt. The emergency medical form corresponding to each student must be in the vehicle.

When bus transportation is provided, students must ride the bus to and from the trip destination. Field trip chaperones (other than school employees) are not permitted to ride the bus.

On most occasions, there is a cost for the field trip. In addition, adult volunteers may also be required to pay a fee for the trip. If we use public school transportation, that will add to the cost of the field trip. Fees for field trips must be paid before students and adult volunteers can participate.

Students may be denied participation in the field trip if the principal and/or teacher have deemed this necessary due to disciplinary or other reasons. If field trip fees have already been paid, those fees are non-refundable. If the student is not permitted to participate in the field trip, he/she must still report to school and will be given work to complete while his/her class is on the designated trip.

Students are expected to adhere to all discipline rules and the code of conduct while on the field trip. If a student misbehaves, the parent will be called to pick up the student immediately.

Co-curricular Activities

Participation in school or parish sponsored activities is a privilege and a responsibility. The eligibility standards of character and academic growth will determine a student's participation in extra-curricular activities. The principal may declare a student ineligible in the case of suspension, poor academic performance, lack of effort, or other serious matter.

Students also have the opportunity to participate in athletic youth programs sponsored by the parish, TCCES, or Tuscarawas Central Catholic Junior Senior High School. Rules established by the program sponsor are expected to be followed by TCCES students who are participating. Students must remember they are representing the parish and the school and must do so in a respectful, appropriate manner.

When students are involved in extra curricular activities, they must be supervised by an adult at all times. If they need to stay in the building until the start of the activity, they must report to the SACC program. An adult must then pick them up and sign them out from SACC before they can attend the extra curricular activity. Please send a note to the teacher with instructions if a student is to report to SACC or other after school options.

In the event school is canceled because of weather or other emergency, all school sponsored extra-curricular activities will be canceled.

Co-Curricular Programs

Some of the special academic and co-curricular programs that are usually offered at TCCES may include:

Music Ministry: Choir and cantors.

Altar Servers: Serve mass on Sundays, during the week, and at special events such as weddings, funerals, and Holy Days of Obligation.

Principal's Advisory Committee: Students demonstrating leadership potential are invited to participate in this leadership program. The committee is designed to help develop leadership and organizational skills and make our school a better place.

Helping Hands Service Team: Students in grades 4 through 6 are invited to participate in a variety of school-wide service and community projects throughout the school year.

Morning Announcements: Sixth grade students lead the morning announcements and prayers.

Summer Reading Program: Students at TCCES are encouraged to participate in the summer reading programs. Various themes are used throughout the program. Those students meeting the established goals are treated to special assembly and awards program.

Athletic Code of Conduct

Students have numerous opportunities to participate in athletic programs. Some activities are sponsored by Tuscarawas Central Catholic Junior/Senior High School. Some programs are organized by parents and others are organized by independent groups. Regardless of the team sponsor or organization, any student wearing a Saints uniform is expected to follow the Athletic Code of Conduct:

- Remember to do all for the glory of God
- Students must remember their priorities: 1) God, 2) Family, 3) Academics, 4) Extra-curricular Activities.
- Athletic competition exists for students to foster sportsmanship, leadership, and teamwork. Students should set the example of good sportsmanship as set forth by their parents, guardians, and coaches.
- Students should positively encourage all teammates to do their best.
- Students and coaches should always conduct themselves as an example of Christian behavior, both on the field of play and away from it.

CODE OF CONDUCT

TCCES believes in a discipline program designed to build the moral growth of the child, develop self-discipline, and encourage students to follow the example of Jesus Christ in their daily lives. TCCES believes in a school-wide positive behavior program based on our Code of Conduct that is centered on Gospel Values and strong character traits.

Code of Conduct

This Code of Conduct serves to guide the behavior of students at TCCES. Its intent is to create an atmosphere of mutual respect and cooperation based on the Gospel Values.

Students at TCCES are expected to:

- Follow the greatest commandments as taught by Jesus Christ: Love the Lord your God with all your heart and with all your soul and all your mind. And love your neighbor as yourself. TCCES students are expected to treat one another with respect, conduct themselves with dignity, and act in a spirit of justice.
- Be responsible. Be on time. Do your homework. Come to class prepared. Take care of school equipment and supplies.
- Be honest. We strive to imitate the truth that is Jesus Christ in our own lives through our words and actions.
- Be kind. Jesus taught us to be compassionate and forgiving. Treat others as you would like to be treated. Be understanding. Comfort one another.
- Serve others. Jesus calls us to a life of service to others and to show our love for others through charity. Help your classmates, school, church, and community.
- Live your faith. Participate with reverence in the religious life of the school and do His will. Show your loyalty to God.
- Live with hope. The Risen Christ gives us hope now and in eternal life. Have confidence that God is with you always.

The Code of Conduct provides a guide for student behavior. Our goal is to teach and model expected student behavior. Students who follow the Code of Conduct and demonstrated their faith through the Gospel Values will be recognized and rewarded. Students who fail to follow the Code of Conduct and school regulations may face consequences from the classroom teacher or school administration. Our goal is to change behavior so that violations do not occur again. **The principal is the final recourse in all disciplinary situations and may waive any disciplinary rule for just cause at his/her discretion.**

Consequences for behaviors outside these expectations normally relate to the offense. For example, improper recess behavior may result in loss of recess privileges, etc. Damage to or misuse of supplies or facilities may result in the assignment of cleaning, repair or other appropriate work time. In any incident resulting in a loss of or damage to property, the student may be held responsible for repair/replacement costs.

At the discretion of the principal or teacher, a student may be issued a Discipline Notice indicating the consequences of a violation which may include, but are not limited to a written notice to parents, student conference with the principal, detention, in-school suspension, a behavior contract conference or other appropriate consequence. Examples of behaviors warranting a Discipline Notice include:

1. Unexcused absence; chronic tardiness; leaving the school property;
2. Being out of uniform;
3. Failure to obey, defiance of or disrespect of authority; inappropriate/disruptive behavior in classrooms, media center, specials, etc.;
4. Verbal abuse, bullying or harassment of any kind including teasing, name calling, or profanity delivered in person, in writing or electronically;
5. Fighting or other physical confrontation;
6. Damage or misuse of facilities, books, materials, etc.; unauthorized use of another's property;
7. Failure to complete assignments; cheating or helping another to cheat;
8. Rough, inconsiderate or unsafe play at recess;
9. Possession of banned, dangerous or illegal substances;
10. Failure to carry communications/notices between home and school;
11. Inappropriate behavior during religious activities; and
12. Violations of the Technology Acceptable Use Policy.

Bullying behavior is unacceptable. Bullying is a pattern of abuse over time and includes a student being "picked on". It includes; physical intimidation or assault, extortion, oral or written threats, teasing, putdowns, name-calling, threatening looks, gestures, or actions, cruel rumors, false accusations, and social isolation occurring on school grounds or at any school related activity on or off campus. (5140.02)

TCCES students are encouraged to build positive interpersonal relationships by following the school Code of Conduct. Additionally, the staff and students have developed the following policy:

“Love Your Neighbor”

*Jesus replied: Love the Lord your God with all your heart and with all your soul and with all your mind. This is the **first** and greatest commandment. And the second is like it: 'Love your neighbor as yourself.*

The students and staff of Tuscarawas Central Catholic Elementary School practice the Fruits of the Spirit - **Peace, Kindness, Patience, and Self-Control** - to love our neighbors

- We will treat one another with **Kindness** and Respect. We will not bully others.
- We will act as **Peacemakers** and “get up and stand up” to help students who are bullied, teased, or excluded.
- We will use **Patience** with our family and friends.
- We will use **Self-Control** and not pick on or tease our neighbors.
- We will tell an adult at school and an adult at home if someone is picked on.

When a student is given a Discipline Notice and consequences are given, the parent will be notified first by phone and the written notice then sent home. If given a detention, the student may be asked to do a writing assignment reflecting on the misbehavior and strategies to correct the problem. In addition, the teacher may assign extra work the student can do while in detention. Parents are responsible for transportation arrangements in the event the detention is before or after school.

In the case of repeated or more serious violations (e.g., fighting or other physical confrontation, possession/use of dangerous/illegal/banned items, substances or materials, menacing/threatening/harassing behavior, defiance in matters of faith, practice or church teaching, truancy), the school may abandon this process in favor of more strident consequences which might include longer or successive detentions, work duty, referral for intervention and/or suspension, and/or expulsion. Measures may also be expanded to provide adequate treatment and other appropriate interventions.

If a student is given an in-school suspension, the student will be required to complete teacher assigned work in isolation, usually in the principal’s office. Work may be altered so as to be done independently. The student will receive restroom breaks during the day and will eat lunch in the area he/she is serving the in-school suspension. There may be times when a student will be given an immediate in-school suspension if the behavior warrants such a consequence. In this case, the student will immediately report to the school office, the parents will be notified, and the student will remain in the office until the end of the school day.

The penalties for out of school suspensions and expulsions will be given only in extreme cases. If a student is given an out of school suspension, parents will receive a phone call from the principal identifying an out of school suspension has been given. The principal will also provide a written notice of the out of school suspension and reason for the consequence. In addition, the school will follow the policies and procedures of the Diocese of Columbus (Policy #5114) as it relates to suspension and expulsion. In the event the health or safety of any person is in jeopardy, or in any situation, which the principal deems necessary, a parent may be required to come for the student immediately. Law enforcement officials may be called when appropriate.

An expulsion decision may be appealed through the appropriate process. Upon receipt of notice, the parent must inform the principal of the intent to appeal the expulsion. The principal will then provide the parent with a copy of the appeals procedure, the timeline for which will commence immediately. Any time the health or safety of any person is in jeopardy, or in any situation, which the principal deems necessary, a parent may be required to pick up a student immediately. Law enforcement officials may be contacted when appropriate. Failure, on the part of the student or parent/guardian, to pursue and cooperate with any outside referrals or related interventions is grounds for dismissal of the student. (5114.0 and 5144.0)

Harassment Policy as Prescribed by the Diocese of Columbus (5140.05)

1. The Catholic schools of the Diocese of Columbus shall maintain a working and academic environment, in all programs and activities, free of all forms of harassment and intimidation. No student, teacher, other staff member or volunteer (male or female) should be subject to harassment in any form, and specifically not to unsolicited and/or unwelcome sexual overtures or conduct, either verbal or physical.
2. Harassment can take many forms. Harassment can occur at any school activity, and/or can take place in classrooms, halls, cafeterias, or even at programs sponsored by the school at other locations. It does not include compliments of a socially acceptable nature. Harassment is verbal or physical conduct that embarrasses, denigrates, or shows hostility toward a person because of his/her race, color, religion, gender, sex, national origin, age or disability or other protected characteristics.
3. Conduct, which constitutes sexual harassment, is prohibited. Sexually harassing conduct includes, but is not limited to, the following:
 - a. offensive sexual flirtations, advances, propositions;
 - b. continued or repeated verbal abuse of a sexual or gender-based nature;
 - c. explicit or degrading sexual or gender-based comments about another individual or his/her appearance;
 - d. the display or circulation of sexually explicit or suggestive writing, pictures or objects;

- e. any offensive or physical conduct which shows hostility or aversion toward an individual because of gender or sex;
- f. graffiti of a sexual nature;
- g. fondling oneself sexually or talking about one's sexual activity in front of others;
- h. spreading rumors about or categorizing others as to sexual activity.

Sexual harassment is not limited to conduct that is sexual in nature - it also includes harassment that is based on gender. Gender-based harassment, which is also prohibited, is conduct that would not occur except for the sex of the person involved. An example would be referring to a woman by or as a female body part, or a demeaning sex-based term, or treating people differently because of their gender. The same prohibitions apply with regard to inflammatory or offensive comments or conduct, which are based upon race, color, age, religion, disability, or national origin. In short, working relationships between employees must be based on mutual respect.

Sexual harassment also includes the taking of, or refusal to take, any personnel or academic action on the basis of a person's submission to or refusal of sexual overtures. No person should so much as imply that an individual's "cooperation"

or submission to unwelcome sexual activity will have any effect on the individual's employment, assignment, compensation, advancement, development, academic evaluation, participation in school programs or activities, or any other condition of employment or academic achievement.

Not all physical conduct is necessarily considered sexual in nature. (For example, a coach hugging a student after an accomplishment, a teacher consoling a child with an injury, or physical conduct during athletic events would not be considered sexual conduct.) However, peer-based sexual harassment (e.g., student to student) can be a form of prohibited conduct where the harassing conduct creates a hostile environment.

4. A sexually hostile environment can be created by a school employee, volunteer, another student, or a visitor to the school.

5. Any person who believes he/she is subject to harassment or intimidation must contact either the principal, assistant principal, or pastor at the elementary level; or the principal, assistant principal or superintendent at the secondary level. A complaint must be filed in writing. In the case of harassment involving a student or students, the parent(s)/guardian(s) of the respective students shall be duly notified. In the event that an individual alleges harassment by a principal, assistant principal or a pastor, the individual may file the complaint with the superintendent. All complaints will be promptly investigated, and the person initiating the complaint will be advised of the outcome of the investigation. A student who believes he or she has been sexually harassed (or a parent who believes that

his/her child has been harassed) must contact one of the appropriate persons as listed above.

6. Where it is determined that harassment has occurred, the appropriate authority will take immediate disciplinary action against any administrator, teacher, staff or student engaging in harassment. The response shall take into account the individuals and circumstances. Such action may include, depending on the circumstances, disciplinary measures up to and including termination of employment.

7. No retaliation against anyone who reports harassment shall be tolerated. The Diocese prohibits such retaliation and will take appropriate responsive action if retaliation occurs.

Banned Substances

The use, possession, concealment, manufacture, administration, dispensing or distribution of any drug (alcohol, tobacco, harmful intoxicants and/or illegal substances and/or drug paraphernalia), or committing any “drug abuse offense, or appearance while under the influence of any drug, on school premises, on or in school vehicles or at any school-sponsored event is prohibited. (5131.1) No student may use, possess, handle, transmit or conceal any object, which is, looks like, or can be considered a dangerous weapon or instrument of violence. Objects which are explosive or incendiary in nature, or any objects determined to be a threat to the safety or security of anyone, are prohibited on the premises and at school-related functions. (5140.11; 5140.12)

A first time offender is required to meet with his/her parents or guardians and school officials to discuss actions, such as counseling or prevention programs, which could prevent future occurrences. A suspension will be given for the first offense, but an expulsion is possible, depending on the severity of the offense. A second offense of the above policy will result in an immediate expulsion.

Behavior Off Campus

The Diocese of Columbus has a concern with conduct by students at school or away from school that may bring discredit or harm to the name of the school or the reputation of the student body. Consequently, conduct at school or away from school that is inappropriate to Christian moral standards, conduct that is in violation of the law, conduct that is detrimental to the common good, threatening, harmful, or offensive to other students or staff or conduct that is of such nature as to jeopardize the good name of the school, may subject a student to discipline. Discipline for such conduct shall be at the sole discretion of the school. (5144.3).

Student Dress Code

As a Catholic school, our students are required to be in uniform while at school. We realize that fashion trends come and go in our society, but our school is not the place to express those trends. We do our best to identify uniform attire that is comfortable for the students and reasonable for the parents while still maintaining a Catholic school environment.

TCCES maintains a code of uniform dress for students in Kindergarten through sixth grade in an attempt to accomplish the following:

1. To safeguard student health and safety.
2. To reduce the economic burden on families.
3. To emphasize the dignity of each individual as created by God.
4. To develop habits of neatness, modesty, and good grooming.
5. To create an atmosphere conducive to learning.
6. To eliminate unnecessary distraction.

Students are expected to arrive and leave TCCES in uniform everyday unless an exception is made. Full compliance is required of all students at all times! The principal and faculty reserve the right to judge whether a student's school attire is in compliance with the uniform code.

Please remember at all times the clothing that students wear to school should be appropriate. If students come to school and are not dressed according to Uniform Code, parents will be called and the appropriate attire must be brought to school. Pay attention to the lengths of the skirts, fit of the pants, and make sure shirts are not too tight, etc.

There may be times during the school year that uniforms are not required such as picture day, special out of uniform day, etc. When such a time occurs, we will notify the parents and a dress code for that day will be identified. Children are permitted to wear jeans and tennis shoes with a casual shirt on their birthday. However, if the day they celebrate their birthday is a day we go to Mass, **THEY MUST BE IN UNIFORM FOR MASS**. In addition, children out of uniform must remember to be in appropriate attire. If the clothing is inappropriate, parents will be called and that student must then wear his/her uniform for the remainder of the day. We know students enjoy a day out of uniform, but they must be dressed appropriately while they are at school.

If you ever question whether or not an item is appropriate, please bring it to school before your child wears it and the principal will determine if it meets the uniform code.

Boys' Dress Code

Navy blue dress slacks, socks (solid white, black, or navy) that extend above the top of the shoe, plain white or light blue shirt with a collar and buttons and solid black athletic or brown, black or navy blue dress shoes are to be worn. Students in grades 4, 5, and 6 must wear a plain black, brown, or navy blue belt. Shirts must be tucked in.

Students may also choose to wear a solid, navy blue sweater or a TCC sweater or sweatshirt. NO team sweatshirts are permitted. A white or light blue turtleneck is also acceptable.

Navy blue dress shorts may be worn from the first day of school through September 30 and from April 1 through the end of the school year. Students in grades 4, 5, and 6 must wear a plain black, brown, or navy blue belt. All other rules described above still apply.

Girls' Dress Code

Option 1: TCCES uniform plaid or plain navy blue jumper or uniform skirt/skort (accompanied by a plain white or light blue blouse with buttons and a collar or a plain white or light blue turtleneck), solid black, navy blue or white socks that extend above the top of the shoe, and solid black athletic or brown, black, or navy blue dress shoes. A uniform plaid or plain navy blue vest may be worn with the skirt. Skirts, skorts and jumpers must be appropriate, just to the top of the knee. The proper uniform plaid is available through Schoolbelles. Tights or leggings can be worn in the winter under the skirt or jumper and must be black, navy blue or white.

Option 2: Navy blue dress slacks, plain white or light blue blouse or shirt with buttons and a collar or a plain white or light blue turtleneck or shirt are appropriate. Solid black, navy blue or white socks must extend above the top of the shoe. Solid black athletic or brown, black, or navy blue dress shoes are to be worn. Students in grades 4, 5, and 6 must wear a belt with dress slacks.

From the first day of school through September 30 and from April 1 through the end of the school year, girls may wear navy blue dress shorts (top of the knee), solid black or navy blue or white socks that extend above the top of the shoe, white or light blue blouse or shirt with buttons and a collar, and solid black athletic or black, brown or navy blue dress shoes.

Students may also choose to wear a solid, navy blue, black or white sweater or a TCCES or TCC High School sweatshirt or sweater. NO team sweatshirts are permitted.

Other Specific Student Dress and Appearance Guidelines

Hair: Excessive or unusual haircuts are not permitted. Boys are expected to have hair off the collar, and it may not extend below the mid-point of the ear. Both boys and girls should see that bangs do not fall in front of the eyes. Students should not color or highlight their hair. Hair should be its natural color.

Jewelry: Boys are not permitted to wear earrings. Girls may wear one set of modest earrings that do not dangle. Necklaces are not permitted unless they are of religious nature. One small ring may be worn. Watches are permitted. However, specific timing functions which generate music, beeps, etc. should not be set for school hours. One simple bracelet is permitted.

Nail Polish and Make-up: Neither nail polish nor make-up are to be worn to school.

Sandals: Sandals may not be worn to school. A sandal is defined as a shoe (typically leather) with an open or partially open toe and back and the majority of the shoe allows the foot to be uncovered. Even though a dress sandal may look very nice, it is not an acceptable part of the school dress code.

Fads: From time to time, unique fashion trends develop. Parents and students are reminded that our dress code reflects a sense of modesty and simplicity associated with personal pride. Therefore, unique trends are not to be brought into the dress code. While at home, parents may exercise their own judgment, but please realize that such judgment should not have a carryover effect at school. TCCES reserves the right to make exception to specific trends that appear in our school without acknowledgment in the Student Dress Code.

Dress Down Days

On occasion, the school will have a “dress down day.” Along with the jeans, athletic pants, and sweat pants, tennis shoes and t-shirts may also be worn. Again, all clothing must be modest in nature and free from innuendo or drug/alcohol references. Casual shorts of an appropriate length are also permitted during times that uniform shorts are allowed. Shorts must be fingertip length. Sandals and flip-flops are not permitted. Tank tops and sleeveless tops are not permitted. Tights or leggings may be worn ONLY if covered by shorts, skirt, or other acceptable garment. Students disregarding these rules will lose their privilege of future dress down days. Dress down days are often used to raise funds for charitable organizations.

General reminders:

- Shoes must be solid black or brown with no other colors.
- Boots are NOT permitted. A boot is any shoe that covers the ankle or higher. Students wearing boots to school on days of inclement weather must change into school shoes once they arrive in the morning.
- Shirts must be tucked in.
- Students in grades 4, 5, 6 must wear belts with pants or shorts with belt loops.
- Sweatshirts must be TCCES or TCC High School sweatshirts. NO team sweatshirts are permitted. Plain black, navy blue, or white sweater may be worn. This can be a cardigan, pullover, or sweater vest in type.
- Socks must be solid white, black or navy with **no logos or other coloring**. No other colors are permitted.
- Sandals and flip-flops are never allowed, including dress down days.
- Shorts must always be appropriate length, just above the knee.
- Pants, shorts, and skirts are worn at the waist.
- Students may not wear cargo pants, blue jeans, skinny pants, etc. as a uniform pant.
- Plain, long sleeved white or light blue shirts or turtlenecks can be worn under short sleeved shirts.
- Undergarments under school shirts must be white with no writing or picture.
- No hoodies can be worn during the school day.
- A Religious medal or cross can be worn.
- One small ring is acceptable. Watches can be worn but must not have an alarm that will beep during school hours.
- School shoes are to be all black, brown, or navy blue. Shoes may not have more than a one-inch heel and must have a closed toe and heel. No sandals, boots or clogs are permitted. Athletic or tennis shoes can be worn as school shoes if they are ALL black in color. This means there can be NO other colors on the shoes whether they are school-type shoes or tennis shoes worn as school shoes.
- Socks must be black, navy blue, or plain white in color and must cover the ankle or be above the ankle at all times, even during gym class.
- All uniform pieces, other than sweatshirts with the TCCES or TCC logo, must be free of logos, insignias, contrasting trim, etc.
- Students not adhering to the uniform code will receive a written Uniform Notice and an item from the uniform closet will be provided. If an item is not available, the parent will be called and asked to bring a change of clothing. A second offense will result in a detention. Further violation may result in the student losing the privilege for the next out of uniform day.

Gym Uniforms

All students must wear athletic or tennis shoes for gym class. Please note for gym, regular tennis shoes are ok. The only time all black are required is if the tennis shoes are the school shoes. Students in grades K to 2 do not change for gym. Students in grades K to 2 should wear athletic or tennis shoes to school on gym days. Students in grades 3 through 6 will wear a gym uniform as described below on days they have gym.

Students may wear their gym uniform for the entire school day. They are to come to school on gym days in the appropriate gym attire and will NOT be changing into school uniforms after gym class. However, students must wear the regular school uniform on Mass days.

The gym uniform is as follows:

ALL black micromesh or jersey shorts. No stripes or other markings are permitted. Shorts must be appropriate, fingertip length.

Three types of shirts are permitted. 1) plain gold with no writing. 2) plain black with no writing. 3) black TCCES Phys. Ed. Shirt purchased through the school.

Between the first day of school and October 1 and again from April 1 until the last day of school, students do not need to wear sweat pants over their gym uniform. Beginning October 1 until April 1, sweat pants or athletic pants MUST be worn over gym uniforms. **Sweat pants and athletic pants must be all black and cannot be lounge/pajama pants. The sweat pants must be plain with no stripes or other markings.**

Summary: It is the intent of the school administration that our students at all times reflect in their dress and attire a sense of personal pride and discipline. Students who are neatly attired typically exhibit better attitudes and act in a more appropriate manner. Should a parent or student have any doubt about what is or is not acceptable in regard to the student dress code, please tend to be conservative. Specific questions should be forwarded to the school principal. Thank you for support and cooperation!

Personal Items

Students should NOT bring personal items such as cell phones, tablets, Game Boys, iPads, MP3 Players, cameras, toys, personal collections, electronic devices of any kind, etc. to school. They serve no purpose at school and could become lost, damaged, etc. The school assumes no responsibility if a student brings a personal item to school and it becomes damaged, lost, etc. Such items may be confiscated and will be returned to the student or parent at the teacher's or principal's discretion. Teachers may make exceptions, on occasion, when such items may be necessary for projects or the like. Any personal items brought to school (including cell phones) must be turned off and stored in a backpack or locker by 7:30 am and may not be used during the day.

Some students have access to lockers while others have a coat closet that they will store coats, books, backpacks, etc. Lockers and closets may not be locked and remain the property of TCCES. Lockers and closets, as well as personal belongings, are subject to search by school personnel at any time.

HEALTH AND SAFETY

TCCES seeks to promote/protect the health of students through cooperation with the student, family, health care provider, and the school.

General Information

Student health is monitored in cooperation with local & state health department regulations. Parents should complete and keep current the Emergency Medical Authorization Card, including dietary restrictions, which are consulted & followed in emergencies. When sick, students can only be released to individuals listed on the EMAC.

- **Allergies:** Parents are responsible for informing the school of a child's allergies (e.g., bees, food, medicine-related, or respiratory). For bee sting allergies, parents must provide the school with proper medication and a doctor's statement about how it is to be administered.
- **Diseases:** Contagious diseases are monitored according to health department policy and must often be reported. Parents should describe the child's symptoms when calling to report an absence. School personnel will contact parents if a student must be sent home during the day for health reasons. The student may be excluded from class until symptoms are no longer evident.

- Diseases: Nuisance - (e.g. head lice) Parents may be asked to follow a prescribed treatment to deter spread of the disease. We comply with Health Department directives, which may differ from those of personal physicians.
- Health Records/Immunizations/Screenings: Parents are responsible to provide a complete and current health record for each student at the time of admission. Appropriate vision, hearing and scoliosis screenings shall be administered periodically. Parents will be notified of the dates and, if screening results are problematic, of the need for follow-up. Law requires us to assure that students have the prescribed immunizations (State School Immunization Law, Ohio revised Code Sections 3701.13, 3313.617, and 5104.06E). Students are excluded from class in the case of noncompliance.
- Illness or injury: If a student becomes ill or seriously injured during school hours, the office immediately notifies a parent/guardian. The child will be cared for temporarily by the school nurse or authorized school personnel, who by law must render first aid treatment only. If emergency treatment is necessary, and a parent/guardian or designated adult is not available, the child will be taken to the emergency room at the hospital.
- Other: We do our best to accommodate special needs of students with other diseases, based on a physician's recommendations. Parents must provide full disclosure of health matters that affect a student & cooperate with attempts to seek the best medical advice. Students generally remain in the classroom setting and perform usual tasks as the illness allows. TCCES reserves the right to form an intervention team, which may include the principal, nurse, parent, physician and/or health official, to review and make recommendations regarding participation in the school setting by students with specifically diagnosed diseases or other health-related circumstances

Immunizations

The State of Ohio requires that all students entering school have all of the required immunizations. Students entering kindergarten need to have:

- Four immunizations against DTP - if received before 4th birthday, a fifth dose is required.
- Three immunizations against Polio - if third dose was received before 4th birthday, a fourth dose is required.
- Two immunizations of the MMR vaccine.
- Three-dose series of Hepatitis B vaccine.
- One Varicella immunization against Chickenpox.

Medication

When medication is prescribed for a student, parents are encouraged to discuss with the physician a medication schedule outside of school hours. Before any school personnel can administer medication to a student, the parent/guardian must sign a medical authorization form, available in the school office or from the school nurse, and provide a completed physician's statement. Any prescribed medication must be in its original container and have a pharmacy label with the student's name. (5141.0)

The use of non-prescription, over-the-counter medication during school hours is discouraged. However, we understand that there are times students do require the use of these medications. These medications (i.e., throat lozenges, medications such as Tylenol, etc.) will be administered by school personnel ONLY if a consent form, signed by the parent/guardian, is on file in the school office and the medication is in the original container. The school will not administer aspirin to students because of its connection to Reye's syndrome. All medication will be kept by school personnel until the student needs to use it.

The school supplies non-aspirin pain relievers, cough drops, antacids, or mints. Parents will need to supply any other items. Any medication, prescribed or OTC, brought to the school must be brought to the school office. Medication must be in its original container and have the student's name on it. The student or parent should report to the office at the end of the day to pick up any unused medication. If it is easier for your family, medication can be kept at school for your child and picked up on the last day of the school year.

Crisis Plan

In accordance with the Diocese of Columbus policy #5140.13, TCCES has developed a plan to address school safety in conjunction with local community services. The crisis management plan is in place to go into effect in the event of an on-site crisis such as an intruder or hostage situation, bomb threat or other event that includes trauma to the school community. When appropriate, the administration will contact the diocesan intervention team for assistance.

Emergency Drills

In accordance with state regulations, the following emergency drills are conducted during the course of the school year:

- One emergency evacuation drill shall be conducted during the first ten days of the new school year. At least nine Emergency Evacuation Drills shall be conducted during the school year.
- At least one Emergency Evacuation Drill or School Safety Drill shall be conducted during each month of the school year.

- Tornado Drills shall be conducted at least once a month whenever school is in session during the tornado season (April 1 through July).
- School Safety Drills shall be conducted at least three times during the school year to provide students with instruction in procedures to follow in situations where students must be secured in the school building or rapidly evacuated in response to a threat to the school involving an act of terrorism, a person possessing a deadly weapon or other act of violence. Each School Safety Drill shall be conducted in conjunction with local law enforcement.
- The principal shall also conduct a theoretical school safety drill at least once a year with the school staff.

Evacuation

The primary evacuation site for TCCES is St. Joseph Church. In the event St. Joseph Church is inaccessible, we will proceed to the Family Life Center or another place of safety. If the need arises for emergency evacuations of either building or subsequent early dismissal of students, plans are announced through the automated calling system and on the following Radio Stations.

- WJER Radio 1450 AM
- WTUZ Radio 99.9 FM

It is recommended that parents have alternative childcare plans in place in the event that it becomes necessary to dismiss school early. It is important that children know exactly what those plans are. During times of crisis, it is imperative to keep the school telephone lines open.

Every attempt will be made to contact parents if necessary. If an evacuation to another location is necessary, students will follow instructions given by the classroom teacher and remain together as a group. The teacher and students will seek a place of safety as quickly as possible. When the entire school has arrived at the designated site, students should then find their homeroom teacher and remain with that teacher until the student is released to his/her parents. Parents should go to the Dismissal Table when they arrive. Runners from that table will find all of the children from that family and bring them to the Dismissal Table. **STUDENTS WILL BE DISMISSED BY FAMILY.** Parents should sign out their children on the Emergency Dismissal Sign Out Sheets located at the Dismissal Table. **NO STUDENT MAY LEAVE UNLESS A PARENT OR OTHER AUTHORIZED ADULT SIGNS THE STUDENT OUT.**

Visitors

Visitors and volunteers are required to enter by ringing a doorbell and being buzzed in by school office personnel. Visitors and volunteers must proceed to the Main Office, sign in and out upon arrival and departure, and wear an identifying badge while they are in the building. Volunteers assisting in the cafeteria may report directly to the cafeteria after entering the building where they will sign in.

General Safety Procedures

- All entrances are locked at the start of the school day.
- Visitors are required to enter by ringing a doorbell and being buzzed in by school office personnel. Visitors must proceed to the Main Office, sign in and out upon arrival and departure, and wear an identifying badge while they are in the building.
- Students are instructed not to open doors unless they know the staff member or student outside.
- There is a surveillance system in place.

School Closings/Weather Emergencies

School delays, cancellations and early dismissals due to inclement weather or other problems (e.g. heating, plumbing...) are announced on the following Radio Stations.

- WJER Radio 1450 AM
- WTUZ Radio 99.9 FM

TCCES has also implemented an automated telephone and email notification system. Parents sign up at the beginning of the school year by supplying telephone numbers and email addresses to receive notifications of school closings and delays, reminders of important school events, etc. Parents may also choose to receive text messages for emergency and important announcements. School closings will also be posted on the "TCC Saints" Facebook page.

COMMUNICATION

TCCES values communication with all members of the school community. We desire an open line of communication with families so that we can best serve our students. Please visit our website frequently, watch for news letters in the family envelope, and look for school announcements in church bulletins, the newspaper, and other media outlets.

SchoolSpeak

All parents are provided an on-line SchoolSpeak account to access progress reports, report cards, and other school and classroom news. Three times each grading period, we will publish on SchoolSpeak Progress Reports to provide students and parents on-going information about student performance on assessments and assignments. At the end of the grading period, Report Cards will also be published in SchoolSpeak. Parents are encouraged to check SchoolSpeak frequently for news and information about school and classroom events.

Family Directory and Other Student Information

Directory information regarding students will be released in various formats, including websites, unless a parent notifies the school that such information is not to be released regarding his/her child. Directory information includes names of students, grade level, activities, awards, and date of graduation. (Diocesan Policy #5126.1)

Personally identifiable information such as pictures with or without names, addresses, social security numbers, physical characteristics, and educational records will not be released without signed consent and dated by a parent. This includes our Family Directory. (Diocesan Policy #5126)

Parent-Teacher Conferences

It is important for the school and home to work together for the benefit of the students. We hope that all parents will take advantage of the required conferences after the first report card, usually in early November. Teachers are available other times through-out the year if he/she or the parent feels a conference is necessary. Please call the school to schedule an appointment or send a note to the teacher if you need to meet with your child's teacher.

Family Envelope

The school will make every effort to send all important notices home every other week, in the family envelope. Parents are asked to look for the envelope on the appointed day, to read every notice, to sign the envelope and return it to the office quickly.

Telephones/Cell Phones

The office telephone is a business phone and is ordinarily not to be used by students. Students should not make a habit of calling home for forgotten items. Exceptions will be made with permission of authorized school personnel. Students are not to be called to the phone during the school day except in cases of emergency.

If a student forgets an item at home, parents can bring those items directly to the school office. Do not take the items to your child's classroom. However, we ask that the student be responsible for items needing to be at school and that they do not consistently rely on their parents to bring those forgotten items to school.

Voice Mail

The school has voice mail on its phone system. If you need to speak to a faculty or staff member, you may leave a message with the secretary or in our general mail box and that message will be given to the correct person.

Non-custodial Parents

A divorce or change in custody does not change the rights of the natural parent to his/her child(ren) records. A non-custodial parent may request and receive a copy of the child's report card, the permanent record, and an opportunity to hold a teacher conference. Only the custodial parent has the right to make educational decisions requested by the school.

The school will comply with custody agreements and court orders provided to the school. It is the responsibility of the parent or guardian to inform the school of any changes in custody agreements or court orders.

LUNCH PROGRAM

General Information

Students will have the option to purchase a hot lunch or pack a lunch from home. Lunches prepared and purchased at school meet the requirements of the Ohio Department of Education and the National School Lunch Program. Students are offered all items on the lunch menu and will have a choice of which main dish they would like to eat. We know students may not always eat what they are given, but a well-balanced meal is offered. Students are encouraged to try new foods and to eat what they are given. We also teach them to importance of eating what you are given and not being wasteful and throwing away food.

Our foods are purchased from various vendors as well as through a commodities program with the state of Ohio. Please be assured the food purchased is good quality and meets all the required nutritional standards. We purchase healthy foods for our students so they are given a nutritious lunch during their school day. While we may serve applesauce instead of fresh apples for example, fresh fruits and vegetables are served when we are able to purchase them from our vendors at a reasonable cost to our families.

If your child is packing a lunch, it too must be a healthy, well-balanced lunch. Students MAY NOT bring carbonated beverages for lunch. Milk can be purchased by students who have packed their lunch. Also, students are not permitted to have fast food brought in for lunch.

We welcome you to join your child for lunch at any time. If you would like to come, please let the cafeteria know at least a day ahead of time. If you would like to purchase a lunch, you may do so. If you are bringing lunch in, it must be a healthy lunch. NO FAST FOOD lunches are permitted unless they are salads!

Lunch Envelope

Families are encouraged to use their FACTS account to deposit money in student lunch accounts. New lunch envelopes are given to the parents before the first day of the school year and are replenished throughout the school year when needed. Parents are to submit their family's lunch envelope on the first day of each school week. Please indicate which week of the month it is for and circle the days of the week your child will be purchasing lunch. If you have two or more children in the school, please clarify which child is eating on which day. The lunch envelope will be returned to your child on the last day of the school week and will indicate if you have a credit or a balance. If you have a balance, that balance must be paid along with the lunch fees for the next week. Fees can be paid with cash or a check made payable to TCCES Cafeteria.

Free and Reduced Lunch

Details concerning free and reduced lunch will be included in the Family Envelope during the first few weeks of school. Families who received free or reduced lunch the previous school year will continue to receive it until September 30. Families must apply each year to be eligible. Once it is determined whether your family will be receiving a free or reduced lunch, a letter will be sent home indicating the decision. Please keep in mind all decisions are kept confidential with only the Principal and Cafeteria Bookkeeper having the information.

Wellness Policy

We think it is essential in educating the whole child to promote ultimate health. We strive to enable students to achieve and maintain optimal health by making informed decisions that enhance their capacity for reverence for life, self-respect, and respect for others. In compliance with USDA regulations and requirements of the Free and Reduced Price Lunch program, we maintain a Wellness Policy. The full policy can be found at the end of this Parent-Student handbook.

Volunteers

All volunteers must have on file a BCI background check and must attend “Protecting God’s Children” no matter how much or how little contact they have with children or youth, no matter if volunteering for the school or parish, and no matter what time of the day or night they volunteer. More information about volunteer opportunities, expectations and requirements may be found in the Volunteer Handbook. Volunteer drivers must provide a valid driver’s license and proof of insurance

Tuscarawas County Catholic Schools Board of Trustees

The Tuscarawas County Catholic Schools Board of Trustees shall provide the principals of our Catholic Schools with counsel and advice regarding certain issues affecting the schools and assist in implementing school policies. The Board of Trustees assists in the following ways:

- Ensuring the continuation and affordability of authentically Catholic and academically challenging education for the parishioners of St. Joseph Parish, Sacred Heart Parish, Holy Trinity Parish, Immaculate Conception Parish and all others interested in Catholic education in the vicinity of Tuscarawas County, Ohio;
- Acting as a collaborating entity between the Roman Catholic Diocese of Columbus, Ohio, St. Joseph Parish, Sacred Heart Parish, Holy Trinity Parish, Immaculate Conception Parish, and the schools;

- Developing, implementing, and continually updating the long-range strategic plans and policies for the schools in the following areas:
- Enhancing Catholic identity and spiritual life;
- Providing for prudent management of the schools' financial and physical resources;
- Creating and maintaining a comprehensive Development and Marketing program;
- Increasing enrollment and enriching the students' overall school experience;
- Striving to improve all aspects of communication within the schools, between the schools and members (as defined in Article II), between the schools and the parishes, and between the schools and the Diocese;
- Formulating local policies and strategies, in accordance with the strategic plan and subject to the approval of the Bishop of the Roman Catholic Diocese of Columbus, Ohio, the Superintendent of the Schools for the Roman Catholic Diocese of Columbus, Ohio, and the Pastors of S. Joseph Parish, Sacred Heart Parish, Holy Trinity Parish, and Immaculate Conception Parish, that are conveyed to the Principals of the schools;
- Use the Diocese of Columbus Board of Trustees Feedback instrument to measure the performance of the Principals in connection with local policies and strategies related to the strategic plan and formulated by the Board of Trustees and conveyed to the Principals (items VII & VIII);
- Use the Diocese of Columbus Board of Trustees Feedback instrument to rate the Principals on the six national standards (items I - VI) for administrative effectiveness;
- Participating in the hiring and evaluation of the Principal of Tuscarawas Central Catholic Jr. High/Sr. High School;
- Participating in the hiring and evaluation of the Principal of Tuscarawas Central Catholic Elementary School;
- Participating in the hiring and evaluation of the Principal of Immaculate Conception Elementary School;
- Formulating budgets for the fiscally prudent operation of the schools; setting tuition rates, personnel salaries and benefits; monitoring the overall financial condition of all three schools.

Home and School Association

The Home and School Association strives to provide our families with faith and fellowship along with the fundraising efforts for the school. It aims to help all families, faculty and staff promote the ideals of Catholic education and encourages cooperation and communication among us all. Parents, faculty and staff are invited and encouraged to attend the meetings as scheduled and participate in H&S Association activities.

WELLNESS POLICY

TCCES is committed to the optimal development of every student. We believe that for students to have the opportunity to achieve personal, academic, developmental and social success, we need to create positive, safe and health-promoting learning environments at every level, in every setting, throughout the school year. Research shows that two components, good nutrition and physical activity before, during and after the school day, are strongly correlated with positive student outcomes. For example, student participation in the U.S. Department of Agriculture's (USDA) School Breakfast Program is associated with higher grades and standardized test scores, lower absenteeism and better performance on cognitive tasks. In addition, students who are physically active through active transport to and from school, recess, physical activity breaks, high-quality physical education and extracurricular activities – do better academically. Finally, there is evidence that adequate hydration is associated with better cognitive performance.

This policy outlines our approach to ensuring environments and opportunities for all students to practice healthy eating and physical activity behaviors throughout the school day while minimizing commercial distractions. Specifically, this policy establishes goals and procedures to ensure that:

- Students have access to healthy foods throughout the school day – both through reimbursable school meals and other foods available throughout the school campus– in accordance with Federal and state nutrition standards;
- Students receive quality nutrition education that helps them develop lifelong healthy eating behaviors;
- Students have opportunities to be physically active before, during and after school;
- Schools engage in nutrition and physical activity promotion and other activities that promote student wellness;
- School staff are encouraged and supported to practice healthy nutrition and physical activity behaviors in and out of school;
- The community is engaged in supporting the work of the District in creating continuity between school and other settings for students and staff to practice lifelong healthy habits; and
- TCCES establishes and maintains an infrastructure for management, oversight, implementation, communication about and monitoring of the policy and its established goals and objectives.

This policy applies to all students, staff and schools in the District. Specific measureable goals and outcomes are identified within each section below.

School Wellness Committee

Committee Role and Membership

The TCCES will convene a representative district wellness committee that meets at least four times per year to establish goals for and oversee school health and safety policies and programs, including development, implementation and periodic review and update of this wellness policy.

Membership may include parents and caregivers; students; representatives of the school nutrition program (e.g., school nutrition director); physical education program.

Wellness Policy Implementation, Monitoring, Accountability and Community Engagement

Implementation Plan

The District will develop and maintain a plan for implementation to manage and coordinate the execution of this wellness policy. The plan delineates roles, responsibilities, actions and timelines specific to each school; and includes information about who will be responsible to make what change, by how much, where and when; as well as specific goals and objectives for nutrition standards for all foods and beverages available on the school campus, food and beverage marketing, nutrition promotion and education, physical activity, physical education and other school-based activities that promote student wellness. It is recommended that the school use the [Healthy Schools Program online tools](#) to complete a school-level assessment based on the Centers for Disease Control and Prevention's School Health Index, create an action plan that fosters implementation and generate an annual progress report.

Recordkeeping

The District will retain records to document compliance with the requirements of the wellness policy in the principal's office. Documentation maintained in this location will include but will not be limited to:

- The written wellness policy;
- Documentation demonstrating that the policy has been made available to the public;
- Documentation of efforts to review and update the Local Schools Wellness Policy; including an indication of who is involved in the update and methods the district uses to make stakeholders aware of their ability to participate on the DWC;
- Documentation to demonstrate compliance with the annual public notification requirements;
- The most recent assessment on the implementation of the local school wellness policy;
- Documentation demonstrating the most recent assessment on the implementation of the Local School Wellness Policy has been made available to the public.

Annual Notification of Policy

The District will actively inform families and the public each year of basic information about this policy, including its content, any updates to the policy and implementation status. The District will make this information available via the district website and/or district-wide communications.

At least once every three years, the District will evaluate compliance with the wellness policy to assess the implementation of the policy and include:

- The extent to which schools under the jurisdiction of the District are in compliance with the wellness policy;
- The extent to which the District's wellness policy compares to the Alliance for a Healthier Generation's model wellness policy; and
- A description of the progress made in attaining the goals of the District's wellness policy.

Revisions and Updating the Policy

The school will update or modify the wellness policy as priorities change; community needs change; wellness goals are met; new health science, information, and technology emerges; and new Federal or state guidance or standards are issued. **The wellness policy will be assessed and updated as indicated at least every three years, following the triennial assessment.**

Community Involvement, Outreach and Communications

TCCES is committed to being responsive to community input, which begins with awareness of the wellness policy. The school will actively communicate ways in which representatives and others can participate in the development, implementation and periodic review and update of the wellness policy through a variety of means appropriate for that district.

School Meals

Our school district is committed to serving healthy meals to children, with plenty of fruits, vegetables, whole grains, and fat-free and low-fat milk; that are moderate in sodium, low in saturated fat, and have zero grams *trans* fat per serving (nutrition label or manufacturer's specification); and to meeting the nutrition needs of school children within their calorie requirements. The school meal programs aim to improve the diet and health of school children, help mitigate childhood obesity, model healthy eating to support the development of lifelong healthy eating patterns and support healthy choices while accommodating cultural food preferences and special dietary needs.

TCCES participates in USDA child nutrition programs, including the National School Lunch Program (NSLP). We are committed to offering school meals that:

- Are accessible to all students;
- Are appealing and attractive to children;
- Are served in clean and pleasant settings;
- Meet or exceed current nutrition requirements established by local, state, and Federal statutes and regulations. (The District offers reimbursable school meals that meet [USDA nutrition standards](#).)
- Promote healthy food and beverage choices using at least ten of the following [Smarter Lunchroom techniques](#):
 - Whole fruit options are displayed in attractive bowls or baskets (instead of chaffing dishes or hotel pans).
 - Sliced or cut fruit is available daily.
 - Daily fruit options are displayed in a location in the line of sight and reach of students.
 - All available vegetable options have been given creative or descriptive names.
 - Daily vegetable options are bundled into all grab-and-go meals available to students.
 - All staff members, especially those serving, have been trained to politely prompt students to select and consume the daily vegetable options with their meal.
 - White milk is placed in front of other beverages in all coolers.
 - Alternative entrée options (e.g., salad bar, yogurt parfaits, etc.) are highlighted on posters or signs within all service and dining areas.
 - A reimbursable meal can be created in any service area available to students (e.g., salad bars, snack rooms, etc.).
 - Student surveys and taste testing opportunities are used to inform menu development, dining space decor and promotional ideas.
 - Student artwork is displayed in the service and/or dining areas.
 - Daily announcements are used to promote and market menu options.

Staff Qualifications and Professional Development

All school nutrition program directors, managers and staff will meet or exceed hiring and annual continuing education/training requirements in the [USDA professional standards for child nutrition professionals](#). These school nutrition personnel will refer to [USDA's Professional Standards for School Nutrition Standards website](#) to search for training that meets their learning needs.

Water

To promote hydration, free, safe, unflavored drinking water will be available to all students throughout the school day.

Competitive Foods and Beverages

The District is committed to ensuring that all foods and beverages available to students on the school campus* during the school day* support healthy eating. The foods and

beverages sold and served outside of the school meal programs (e.g., “competitive” foods and beverages) will meet the USDA Smart Snacks in School nutrition standards, at a minimum. Smart Snacks aim to improve student health and well-being, increase consumption of healthful foods during the school day and create an environment that reinforces the development of healthy eating habits

To support healthy food choices and improve student health and well-being, all foods and beverages outside the reimbursable school meal programs that are sold to students on the school campus during the school day will meet or exceed the USDA Smart Snacks nutrition standards. These standards will apply in all locations and through all services where foods and beverages are sold, which may include, but are not limited to, à la carte options in cafeterias, vending machines, school stores and snack or food carts.

Celebrations and Rewards

All foods offered on the school campus will meet or exceed the USDA Smart Snacks in School nutrition standards including through:

1. Celebrations and parties. The district will provide a list of healthy party ideas to parents and teachers, including non-food celebration ideas. Healthy party ideas are available from the [Alliance for a Healthier Generation](#) and from the [USDA](#).
2. Classroom snacks brought by parents. The District will provide to parents a [list of foods and beverages that meet Smart Snacks](#) nutrition standards.
3. Rewards and incentives. The District will provide teachers and other relevant school staff a [list of alternative ways to reward children](#). Foods and beverages will not be used as a reward, or withheld as punishment for any reason, such as for performance or behavior.

[Meets Healthy Schools Program Silver-level criteria]

Fundraising

Foods and beverages that meet or exceed the USDA Smart Snacks in Schools nutrition standards may be sold through fundraisers on the school campus* during the school day*. The District will make available to parents and teachers a list of healthy fundraising ideas [*examples from the [Alliance for a Healthier Generation](#) and the [USDA](#)*].

Nutrition Promotion

Nutrition promotion and education positively influence lifelong eating behaviors by using evidence-based techniques and nutrition messages, and by creating food environments that encourage healthy nutrition choices and encourage participation in school meal programs. Students and staff will receive consistent nutrition messages throughout schools, classrooms, gymnasiums, and cafeterias. Nutrition promotion also includes marketing and advertising nutritious foods and beverages to students and is most effective when implemented consistently through a comprehensive and multi-channel approach by school staff, teachers, parents, students and the community.

The District will promote healthy food and beverage choices for all students throughout the school campus, as well as encourage participation in school meal programs. This promotion will occur through at least:

- Implementing at least ten or more evidence-based healthy food promotion techniques through the school meal programs using [Smarter Lunchroom techniques](#); and
- Ensuring 100% of foods and beverages promoted to students meet the USDA Smart Snacks in School nutrition standards. Additional promotion techniques that the District and individual schools may use are available at <http://www.foodplanner.healthiergeneration.org/>.

Nutrition Education

The school will teach, model, encourage and support healthy eating by all students. Schools will provide nutrition education and engage in nutrition promotion that:

- Is designed to provide students with the knowledge and skills necessary to promote and protect their health;
- Is part of not only health education classes, but also integrated into other classroom instruction through subjects such as math, science, language arts, social sciences and elective subjects;
- Includes enjoyable, developmentally-appropriate, culturally-relevant and participatory activities, such as cooking demonstrations or lessons, promotions, taste-testing, farm visits and school gardens;
- Promotes fruits, vegetables, whole-grain products, low-fat and fat-free dairy products and healthy food preparation methods;
- Emphasizes caloric balance between food intake and energy expenditure (promotes physical activity/exercise);
- Links with school meal programs, cafeteria nutrition promotion activities, school gardens, Farm to School programs, other school foods and nutrition-related community services;
- Teaches media literacy with an emphasis on food and beverage marketing; and
- Includes nutrition education training for teachers and other staff.

Essential Healthy Eating Topics in Health Education

The school will include in the health education curriculum a minimum of 12 of the following essential topics on healthy eating:

- Relationship between healthy eating and personal health and disease prevention
- Food guidance from [MyPlate](#)
- Reading and using FDA's nutrition fact labels
- Eating a variety of foods every day
- Balancing food intake and physical activity
- Eating more fruits, vegetables and whole grain products
- Choosing foods that are low in fat, saturated fat, and cholesterol and do not contain *trans* fat
- Choosing foods and beverages with little added sugars
- Eating more calcium-rich foods
- Preparing healthy meals and snacks
- Risks of unhealthy weight control practices
- Accepting body size differences
- Food safety
- Importance of water consumption
- Importance of eating breakfast
- Making healthy choices when eating at restaurants
- Eating disorders
- [The Dietary Guidelines for Americans](#)
- Reducing sodium intake
- Social influences on healthy eating, including media, family, peers and culture
- How to find valid information or services related to nutrition and dietary behavior
- How to develop a plan and track progress toward achieving a personal goal to eat healthfully
- Resisting peer pressure related to unhealthy dietary behavior
- Influencing, supporting, or advocating for others' healthy dietary behavior

Food and Beverage Marketing in Schools

Any foods and beverages marketed or promoted to students on the school campus* during the school day* will meet or exceed the USDA Smart Snacks in School nutrition standards.

Food and beverage marketing is defined as advertising and other promotions in schools. Food and beverage marketing often includes an oral, written, or graphic statements made for the purpose of promoting the sale of a food or beverage product made by the producer, manufacturer, seller or any other entity with a commercial interest in the product.ⁱ This term includes, but is not limited to the following:

- Brand names, trademarks, logos or tags, except when placed on a physically present food or beverage product or its container.
- Displays, such as on vending machine exteriors
- Corporate brand, logo, name or trademark on school equipment, such as marquees, message boards, scoreboards or backboards (Note: immediate replacement of these items are not required; however, districts will replace or update scoreboards or other

durable equipment when existing contracts are up for renewal or to the extent that is in financially possible over time so that items are in compliance with the marketing policy.)

- Corporate brand, logo, name or trademark on cups used for beverage dispensing, menu boards, coolers, trash cans and other food service equipment; as well as on posters, book covers, pupil assignment books or school supplies displayed, distributed, offered or sold by the District.
- Advertisements in school publications or school mailings.
- Free product samples, taste tests or coupons of a product, or free samples displaying advertising of a product.

I. Physical Activity

Children and adolescents should participate in at least 60 minutes of physical activity every day. A substantial percentage of students' physical activity can be provided through a comprehensive school physical activity program (CSPAP). A CSPAP reflects strong coordination and synergy across all of the components: quality physical education as the foundation; physical activity before, during and after school; staff involvement and family and community engagement and the school is committed to providing these opportunities. Schools will ensure that these varied physical activity opportunities are in addition to, and not as a substitute for, physical education (addressed in "Physical Education" subsection). All schools in the district will be encouraged to participate in *Let's Move! Active Schools* (www.letsmoveschools.org) in order to successfully address all CSPAP areas.
